






## MIDDLE SCHOOL BREAKFAST & LUNCH MENU



# MARCH

Revised 3/13/2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
March 2	3	4	5	6
Chicken Bites or ✓ Grilled Cheese Sandwich	Meatball Sandwich with Mozzarella or ✓ Stuffed Pasta Shells	Hot Ham & Cheese on Flatbread or ✓ Quesadilla	Yakisoba Noodles or Chicken Potstickers or ✓ Vegetarian Healthy Snack Pack with Flatbread	Pizza with Toppings*✓ or BBQ Roasted Chicken <i>Dessert</i>
9	10	11	12	13
Chicken Corn Dog or ✓ Chili & Cornbread Star	Hamburger or Breakfast Biscuit with Egg, Ham & Cheese or ✓ Peanut Butter & Jelly Sandwich	Caribbean Jerk Chicken or Yogurt Parfait with Berries & GF Granola	Super Nachos with Queso Sauce or ✓ Three Bean Burrito Bowl	Pizza with Toppings*✓ or Pepperoni Bosco Breadsticks with Marinara Dipping Sauce <i>Baked Cookie</i>
16	17	18	19	20
				

Happy Spring Break

No School March 23<sup>rd</sup> ~ 27<sup>th</sup>, 2020

30	31	April 1	2	3
		Chicken Tenders or ✓ Soft Pretzel with Marinara & String Cheese	Turkey Hot Dog or ✓ Chili & Cornbread Star	Pizza with Toppings*✓ or BBQ Roasted Chicken <i>Baked Cookie</i>

BREAKFAST IS SERVED AT ALL SCHOOLS, EXCEPT: ATHEY CREEK, BOLTON AND STAFFORD

		April 1	April 2	April 3
		<b>WEDNESDAY BREAKFAST CHOICE OF</b>	<b>THURSDAY BREAKFAST CHOICE OF</b>	<b>FRIDAY BREAKFAST CHOICE OF</b>
		✓ Assorted Low Sugar Cereal with String Cheese Stick  Chef's choice for additional items  <i>Fruit, Juice &amp; Milk</i>	✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack ✓ French Toast Sticks <i>Fruit, Juice &amp; Milk</i>	✓ Assorted Low Sugar Cereal with String Cheese Stick ✓ Assorted Breakfast Bar ✓ Oatmeal Protein Pack Pancake Sausage on a Stick <i>Fruit, Juice &amp; Milk</i>

You may qualify for free or reduced price meals. Applications are available on our website, at all schools and the Nutrition Services office.

Lunch Prices  
Paid: \$3.45 Reduced: No Charge Adult: \$4  
Milk without full meal: \$.50  
Breakfast \$1.95

View meal account activity and make Credit card payments at:  
<https://www.schoolpay.com>  
Checks are accepted at the school or kitchen office.

### DAILY OFFERINGS

- Grab & Go entrée: Sandwiches, Yogurts, Snack Packs or Salads
- Included with all lunches are a Meat or Meat Alternate Entrée, Bread or Grain Item.
- Choices of variety of Fruits and Vegetables. 1% White and Non-fat Milk.
- Juice only offered on Monday, Wednesday & Friday. \* ✓=Cheese Pizza available
- Non-fat Chocolate Milk only offered on Tuesday & Thursday. ✓=Vegetarian

"This institution is an equal opportunity provider"

Need Assistance?  
Contact Nutrition Services at  
(503) 673-7992  
[linstror@wlwv.k12.or.us](mailto:linstror@wlwv.k12.or.us)  
Visit our website!  
<https://www.wlww.k12.or.us/domain/42>  
*Menus subject to change.*